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EMP 812: Personality and Intuition in Psychology

(3 credits)

CONTACT DR. BRADLEY FOR SPECIFIC DETAILS OF THIS COURSE.

DESCRIPTION

The *California Psychological Inventory* (CPI) and the *Myers-Briggs Type Indicator* (MBTI) in combination is a powerful tool for psychological assessment. The information you receive through the CPI and MBTI will provide new insight into your personality to assist you in dealing with the emotional material that inevitably comes up in the practice of Energy Medicine. In professional practice one finds that looking at the combination of CPI and MBTI results together greatly enhances human personality discovery.

The *Myers-Briggs Type Indicator* is a wonderful instrument, non-judgmental in its constructs, which takes into account the ways in which we perceive the world (including intuitive processes), and the ways in which we make decisions about what we perceive. The results are more complex than they seem at first blush.

OBJECTIVES

The CPI looks at personality types in a detailed way and you learn the importance of learning about one's own type for empathic self-knowledge and for understanding client-centered relationships. You will be administered the CPI at the start of this course. You will be presented with an introduction to the history of the CPI, the purpose and psychology of the instrument, how the CPI measures "level of psychological integration," and why this is so important. The information presented will greatly assist you in understanding your own CPI results. The CPI is a comprehensive psychological assessment instrument, the interpretation of which requires professional training and intuitive skills. The patterns and configurations making up the CPI profile will depict the unique personality of each individual. The information you receive will be based on sound empirical research combined with intuitive perceptions, offered in a supportive, grounded atmosphere of neutrality. You will receive a personal narrative report with information about the test results and their meaning.

COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedineuniversity.org from both the student and professor.

Further Course Information

URL for CPI information <http://cpp.com/images/reports/smp219250.pdf>

URL for MBTI information: <http://cpp.com/images/reports/smp261148.pdf>

TEXTS

Allen L. Hammer, *Introduction to Type and Careers*.

Sandra Krebs Hirsh, and Jean Kummerow, *LifeTypes*.

Otto Kroeger and Janet M. Thuesen, *TypeTalk*.

Otto Kroeger and Thuesen, Janet M. Thuesen, *TypeTalk at Work*.

Isabel Briggs Myers, *Gifts Differing: Understanding Personality Type*.

Isabel Briggs Myers, *Introduction to Type*.

Naomi Quenk, *In The Grip: Understand Type, Stress and the Inferior Function*.

Personality & Intuition

Instructor: Pamela Bradley, PhD

Course Presentation:

As a psychologist I am presenting the *California Psychological Inventory* (CPI), and the *Myers-Briggs Type Indicator* (MBTI). As you already know, it is our hope that the information you receive through the CPI seminar will provide new insight into your personality to assist you in dealing with the emotional material that inevitably comes up in your work. In my professional experience, I have found that looking at the combination of CPI and MBTI results together greatly enhances self-discovery.

The MBTI is a wonderful instrument, non-judgmental in its constructs, which takes into account the ways in which we perceive the world (including intuitive processes), and the ways in which we make decisions about what we perceive. The results are more complex than they seem at first blush. In the CPI seminar, we will spend some of the time looking at the types in a detailed way and discuss the importance of learning about one's own type for empathic self-knowledge and for understanding relationships with others. I will also answer the question: "How can two people who are the same MBTI type seem so different?"

The remainder of the course will be an introduction to the CPI, the purpose and psychology of the instrument, how the CPI measures "level of psychological integration," and why this is so important. The information presented will greatly assist you in understanding your own CPI results.

The CPI is a comprehensive psychological assessment instrument, the interpretation of which requires professional training and intuitive skills. The patterns and configurations making up the CPI profile will depict the unique personality of each individual. It takes about two weeks to process the CPI results. Then I will speak with you in a private session to go over your combined MBTI/CPI interpretation. The information you receive will be based on sound empirical research combined with intuitive perceptions, offered in a supportive, grounded atmosphere of neutrality. You will receive a personal narrative report to take with you with

information about the test results and their meaning. I want to assure you that your personal test results will remain confidential.

If you have any questions, I invite you to contact me.

Further Course Information:

URL for CPI information <http://cpp.com/images/reports/smp219250.pdf>

URL for MBTI information: <http://cpp.com/images/reports/smp261147.pdf>